

# **11 Expectations of BETHANY FOOTBALL**

## ***Be 11 Strong!***

- 1. Do the right thing in every aspect of life.**  
– (Family, Faith, School, Private, Football)
- 2. Be committed to this team & our core values.**  
– (Loyalty, Effort, Take care of Teammates, Huddle Group)
- 3. Do not miss school, practice, meetings, or workouts.**  
– (Dr. Appointments, Illness, Injuries, Communication)
- 4. Be on time for everything.**  
– (Practice, Meetings, School, Appointments, Etc... \*\*Pulling into parking lot on time is late)
- 5. Drive safely.**  
– (Texting, Calling, Music, Speed, Seat Belts, Focus!)
- 6. Be leaders on and off the field.**  
– (COURAGE, Stand Up, Speak Up, Show Up, Encourage, Be Positive)
- 7. Take care of your body.**  
– (Nutrition, Hydration, Sleep, Meals, Treatment, Prevention, Concussions, Injured vs. Hurt)
- 8. Be excellent students.**  
– (Be respectful to teachers, Front two rows, Study Hall, Eligibility, Behavior)
- 9. Be a team player and embrace your role.**  
– (Trust your coaches, Don't be selfish, Communicate with coaches, Don't be a pouter, Don't give up)
- 10. Take pride in everything you do. Be a 13 Percenter!**  
– (Football, School work, Family life, Appearance, Job, Life, Etc...)
- 11. DESERVE TO WIN! (In football and Life)**  
– Ultimately winning and losing is in God's hands. All we can do is strive to put ourselves in a position where we deserve to win.

**“The amazing thing about football is that after awhile you become more than a team, you become brothers. And, out there on that field, brotherhood is a stronger force than any team.”**